



Preschool Meal Pattern Training for the School Nutrition Programs

**Module 1:
Introduction to Training**

Connecticut State Department of Education
 Bureau of Child Nutrition Programs
 School Year 2023-24
 December 2023

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Applies to All School Nutrition Programs Serving Preschoolers

- Public schools
- Private schools
- Residential child care institutions (RCCIs)



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School Nutrition Programs

- National School Lunch Program (NSLP)
- School Breakfast Program (SBP)
- Seamless Summer Option (SSO) of NSLP
- Afterschool Snack Program (ASP) of NSLP



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Module Topics

- Training objectives
- Introduction to modules
- Common acronyms and abbreviations
- Using the Toolbar
- Resources



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Training Objectives

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Objectives

Review	Describe	Explain	Review	Identify
Preschool meal pattern requirements	Crediting criteria for the five food components	Differences between the meal patterns for preschoolers and grades K-12	Meal service requirements for preschoolers	Resources for guidance and training

Resources and websites are listed in the yellow bar

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Introduction to Training Modules

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Preschool Meal Pattern Training Modules

1. Introduction to Training
2. Introduction to Preschool Meal Patterns
3. Meal Pattern Comparison of Preschool and Grades K-12
4. Milk Component
5. Meat/Meat Alternates Component
6. Fruits Component and Vegetables Component
7. Grains Component
8. Meal Service for Preschoolers

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CSDE Webpage

Meal Patterns for Preschoolers in School Nutrition Programs



<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-Preschoolers-in-School-Nutrition-Programs/How-To>

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Common Acronyms and Abbreviations

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Common Acronyms and Abbreviations

- CFR = Code of Federal Regulations
- C.G.S. = Connecticut General Statutes
- CSDE = Connecticut State Department of Education
- MMA = meat/meat alternates
- PFS = product formulation statement
- SFA = school food authority
- USDA = U.S. Department of Agriculture
- WGR = whole grain-rich

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CSDE Resource

Common Acronyms and Abbreviations for School Nutrition Programs



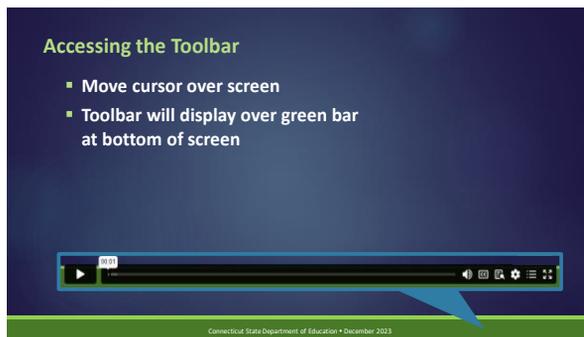
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Acronyms_Abbreviations_SNP.pdf

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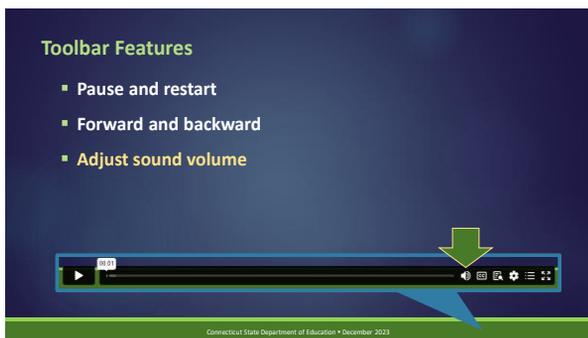
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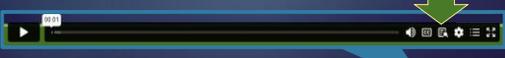
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Toolbar Features

- Pause and restart
- Forward and backward
- Adjust sound volume
- Turn on closed captioning
- Search transcript

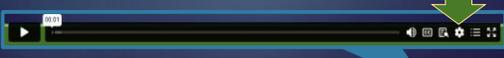


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Toolbar Features

- Pause and restart
- Forward and backward
- Adjust sound volume
- Turn on closed captioning
- Search transcript
- Change quality and speed

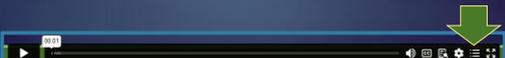


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Toolbar Features

- Pause and restart
- Forward and backward
- Adjust sound volume
- Turn on closed captioning
- Search transcript
- Change quality and speed
- Navigate to topics

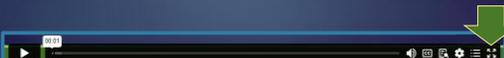


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Toolbar Features

- Pause and restart
- Forward and backward
- Adjust sound volume
- Turn on closed captioning
- Search transcript
- Change quality and speed
- Navigate to topics
- Full screen



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Meal Pattern Resources

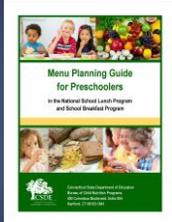


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CSDE Resource

Menu Planning Guide for Preschoolers in the National School Lunch Program and School Breakfast Program



https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Menu_Planning_Guide_Preschool.pdf

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CSDE Webpage

Meal Patterns for Preschoolers in School Nutrition Programs

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-Preschoolers-in-School-Nutrition-Programs>

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CSDE Webpage

Program Guidance for School Nutrition Programs

<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-School-Nutrition-Programs>

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CSDE Webpage

School Lunch Tray and Table Talk

- School Lunch Tray weekly e-newsletter
- Table Talk webinars

<https://portal.ct.gov/SDE/Nutrition/School-Lunch-Tray-and-Table-Talk>

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CSDE Resource

Crediting Summary Charts for the Preschool Meal Patterns of the School Nutrition Programs

https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Crediting_Summary_Charts_SNP_Preschool.pdf

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USDA Resource

Serving School Meals to Preschoolers

English and Spanish

<https://www.fns.usda.gov/tn/serving-school-meals-preschoolers>

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USDA Resource

CACFP Meal Pattern Training Slides

<https://www.fns.usda.gov/tn/meal-pattern-training-slides-cacfp>

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CSDE Resource

Resources for the Preschool Meal Patterns



https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Resources_Preschool_Meal_Patterns.pdf

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Institute of Child Nutrition (ICN) Webpage

Education and Training Resources for School Nutrition Programs

- Meal pattern resources
- Online trainings
- Educational resources



<https://theicn.org/school-nutrition-programs/>

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Institute of Child Nutrition (ICN) Webpage

iLearn Self-paced Online Courses



<https://theicn.docboas.com/learn>

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Questions?

Contact the school nutrition programs staff



<https://portal.ct.gov/-/media/SDE/Nutrition/CNstaff/countyassign.pdf>

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Thank you for participating!



<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-Preschoolers-in-School-Nutrition-Programs>

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Office of the Assistant Secretary for Civil Rights
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2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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