



**Summer Meals
Annual Sponsor Training**

**Crediting Foods in the Summer
Food Service Program (SFSP)
Meal Patterns**

Part 1: Introduction to Crediting




Connecticut State Department of Education
Bureau of Child Nutrition Programs

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Summer Meals Recorded Training Modules

- Part of CSDE's required annual training for Summer Meals sponsors
- Reflects current requirements of the SFSP regulations



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Crediting Foods in the SFSP Meal Patterns: 5 Modules

- Part 1: Introduction to Crediting Foods
- Part 2: Milk Component
- Part 3: Meats/Meats Alternate Component
- Part 4: Grains/Breads Component
- Part 5: Vegetables/Fruits Component



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Summer Meals Recorded Training Modules



<https://portal.ct.gov/sde/nutrition/summer-food-service-program/annual-training>



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This Module Applies Only To

- Summer Meals sites that follow SFSP meal patterns



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This Module Does Not Apply To

- School food authority (SFA) sponsors of SFSP that choose to follow school meal patterns
 - National School Lunch Program (NSLP)
 - School Breakfast Program (SBP)
 - Afterschool Snack Program (ASP)
- Seamless Summer Option (SSO) of NSLP



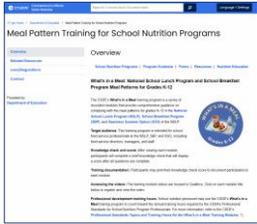
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CSDE Webpage

Meal Pattern Training for School Nutrition Programs

- What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12



<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

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Topics

- Guidance for crediting requirements
 - Minimum creditable amounts
 - Requirement for visible components
- USDA guidance on crediting requirements
- Noncreditable foods
- Resources



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Guidance for Crediting Requirements



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Crediting Foods in the SFSP

- Reimbursable meals and snacks must include specific types and portions of creditable foods



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Creditable Foods

- Foods and beverages that count toward one or more of the four meal components that make up reimbursable meals and snacks

Terms to Know

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Crediting

- How a food or beverage counts toward a required meal component in the SFSP meal patterns

Terms to Know

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Part 1: Introduction to Crediting

Minimum Creditable Amounts of Meal Components

- Meats/meat alternates $\frac{1}{4}$ ounce
- Grains/breads $\frac{1}{4}$ serving
- Vegetables/fruits $\frac{1}{8}$ cup
- Milk 1 cup *

* Exception: $\frac{1}{4}$ cup for milk in fruit/vegetable smoothies



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Requirement for Visible Components



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Requirement for Visible Components

- Foods must be visible (recognizable) to credit
- Ensures children can easily identify foods in SFSP menus



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Examples of Unrecognizable Foods

- Pumpkin puree or applesauce in muffins
- Peanut butter in smoothies
- Pureed tofu in soups

Noncreditable



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Exceptions to Requirement for Visible Components

- Yogurt or soy yogurt in smoothies
- Pureed fruits and vegetables in smoothies
- Pasta made with 100 percent vegetable flours



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More Information About Crediting Requirements

CSDE Training Module

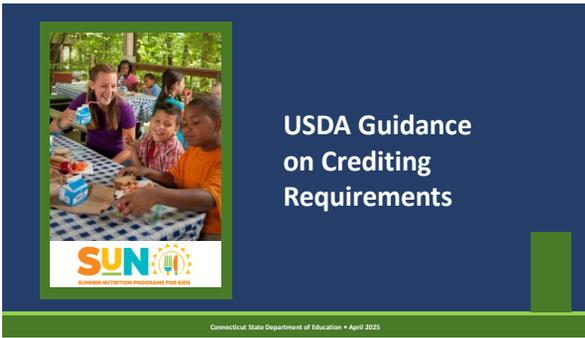
- Crediting Foods in the SFSP Meal Patterns Part 5: Vegetables/Fruits Component



<https://portal.ct.gov/sde/nutrition/summer-food-service-program/annual-training>

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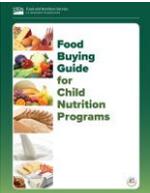
USDA Guidance on Crediting Requirements

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USDA Guidance on Crediting Requirements

- Food Buying Guide for Child Nutrition Programs (FBG)
 - Identify creditable foods
 - Determine yield and quantity needed to meet SFSP meal patterns



<https://www.fns.usda.gov/tn/fbg/food-buying-guide>

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More Information About FBG

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- Crediting Documentation for Summer Meals



<https://www.fns.usda.gov/tn/fbg/food-buying-guide>

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USDA Guidance on Crediting Requirements

USDA Policy Memos

- Links on CSDE's webpage, Crediting Foods in the Summer Food Service Program



<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-summer-food-service-program>

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Noncreditable Foods

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Noncreditable Foods

- Foods and beverages that do not count toward the meal components for reimbursable meals and snacks
 - Do not belong to any meal component
 - Too small to credit

Terms to Know

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Examples of Noncreditable Foods

- Potato chips
- Ice cream, frozen yogurt, pudding, and gelatin
- Cream cheese and sour cream
- Bacon (pork)
- Jams and jellies
- Milk substitutes, e.g., rice milk, oat milk, and almond milk
- Canned cream soups
- Juice drinks (not 100% juice)
- Water
- Condiments, e.g., ketchup, relish, syrup, mayonnaise, and butter



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SFSP Funds Cannot Purchase Noncreditable Foods

Exception

- Condiments served with creditable foods



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SFSP Funds Cannot Purchase Noncreditable Foods



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SFSP Funds Cannot Purchase Noncreditable Foods

- All other foods and beverages purchased with SFSP funds must be creditable
- SFSP sites that serve noncreditable foods must use funds from another source
 - Must have documentation on file



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CSDE Resource

Noncreditable Foods in the Summer Food Service Program



https://portal.ct.gov/-/media/sde/nutrition/sfsp/creditingfsp/noncreditable_foods_sfsp.pdf

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Resources

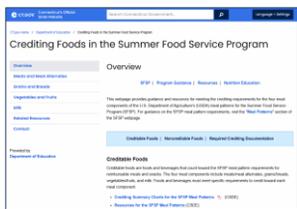
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Crediting Foods in the Summer Food Service Program

- Meats/meat alternates
- Grains/breads
- Vegetables/fruits
- Milk



<https://portal.ct.gov/sde/nutrition/crediting-foods-in-the-summer-food-service-program>
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Crediting Summary Charts for the Summer Food Service Program (SFSF) Meal Patterns

Chart	File	Includes/Excludes (SFSF)	Includes/Excludes	Notes
Meat/Meat Alternates	Meat/Meat Alternates	Meat/Meat Alternates (SFSF)	Meat/Meat Alternates	Meat/Meat Alternates (SFSF)
Grains/Breads	Grains/Breads	Grains/Breads (SFSF)	Grains/Breads	Grains/Breads (SFSF)
Vegetables/Fruits	Vegetables/Fruits	Vegetables/Fruits (SFSF)	Vegetables/Fruits	Vegetables/Fruits (SFSF)
Milk	Milk	Milk (SFSF)	Milk	Milk (SFSF)

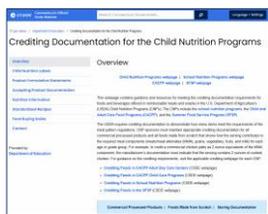
https://portal.ct.gov/-/media/sde/nutrition/sfsf/crediting/sfsf/crediting_summary_charts_sfsf.pdf
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Crediting Documentation for the Child Nutrition Programs

- Child Nutrition labels
- Product formulation statements
- Nutrition information
- Accepting product documentation
- Standardized recipes
- Food Buying Guide for Child Nutrition Programs



<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs>
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Resources for the Summer Food Service Program Meal Patterns

- Child Nutrition Labels
- Product Formulation Statements
- Nutrition Information
- Accepting Product Documentation
- Standardized Recipes
- Food Buying Guide for Child Nutrition Programs

https://portal.ct.gov/-/media/sde/nutrition/sfsf/mealpattern/resources_sfsf_meal_patterns.pdf
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**Questions?
Contact CSDE's
Summer Meals Staff**

https://portal.ct.gov/-/media/sde/nutrition/cnstaff/county_assign_summer_meals.pdf
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Thanks for participating!

- More guidance and resources



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